

# MCAA Toolbox Safety Talks

## Safety Glasses



Each day there are approximately 1,000 work-related eye injuries in the United States. Most of these occur in the construction industry. All of them are preventable. Safety glasses won't protect our eyes from all of the hazards we face, but they are the best protection against most of them.

- Safety glasses are ideal for general duty use. They are designed to protect your eyes from flying objects and particles while you are pounding, drilling, wire brushing, grinding, chipping and performing ordinary everyday tasks.
- None of us likes to wear uncomfortable safety glasses or safety glasses that fog up easily. It is nice when the safety glasses we wear all day look good on us, too.
- These days there are many different types of safety glasses available that satisfy all these requirements. However, one particular style and brand of safety glasses may not be suitable for every face. Different sizes and shapes of faces are not necessarily comfortable in the same types of safety glasses. Try different types until you find a pair that suits you.
- We can easily get glasses today that are made with anti-fog lenses, soft, pliable nose and earpieces and look really cool too. They come in regular lenses and shaded lenses for outside work as well.
- Never use general-purpose safety glasses with shaded lenses for welding, cutting, soldering or brazing. Use safety eyewear designed specifically for the task you will be performing.
- When you are grinding and chipping, you may want to wear a face shield too. However, a face shield worn without safety glasses or safety goggles will not protect your eyes.